
Safety Flags at a Glance

Every safety flag in this book. Each one marks a place where following the advice could cause real harm to a particular group of people.

Safety flag	Page
Bipolar disorder and antidepressants	p. 31 (Ch. 4)
Don't stop medicines on your own	p. 39 (Ch. 5)
Taking anti-inflammatory painkillers on your own	p. 48 (Ch. 6)
Postpartum psychosis	p. 64 (Ch. 8)
Antidepressants in pregnancy	p. 64 (Ch. 8)
Light therapy	p. 88 (Ch. 11)
St John's wort and supplements that act on serotonin	p. 88 (Ch. 11)
People under twenty-five taking antidepressants	p. 104 (Ch. 13)
Stopping antidepressants	p. 105 (Ch. 13)
Serotonin syndrome and drug interactions	p. 106 (Ch. 13)
If you're in crisis right now	p. 113 (Ch. 14)

