
Safety Flags at a Glance

Safety flags appear right after advice that could cause real harm to some people. The table below lists every safety flag in the book, with page numbers so you can find them quickly. Safety flags are separate from evidence labels: advice with strong evidence can still carry a safety flag.

Safety flag	Page
Retinoids and pregnancy	p. 5 (Ch. 1)
Babies under 6 months	p. 36 (Ch. 4)
Retinoids in pregnancy and breastfeeding	p. 44 (Ch. 5)
Moisturizer for healthy newborns	p. 53 (Ch. 6)
AHAs and sunlight	p. 61 (Ch. 7)
Biotin and blood tests	p. 71 (Ch. 8)
Light masks and the eyes	p. 78 (Ch. 9)
Filler injections	p. 79 (Ch. 9)
Isotretinoin	p. 92 (Ch. 10)
Oral tranexamic acid	p. 102 (Ch. 11)
Mixed and unlabeled whitening creams	p. 102 (Ch. 11)
Corticosteroid creams on the face	p. 110 (Ch. 12)
Children using strong active ingredients	p. 129 (Ch. 14)

